

Lifeguarding Class 2009



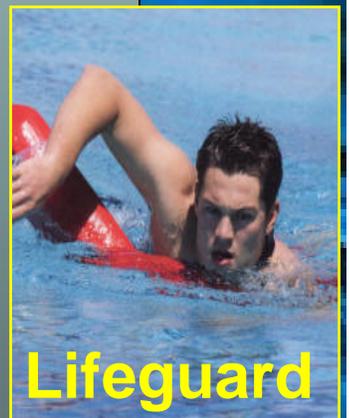
- Dates:** • March 16,17,18,19,20 **Time:** 10 PM - 2 PM
- March 23,24,25,25,27 **Time:** 3 PM - 7 PM
- March 30,31 - Apr 1,2,3 **Time:** 3 PM - 7 PM
- April 13,14,15,16,17 **Time:** 3 PM - 7 PM
- April 20,21,22,23,24 **Time:** 3 PM - 7 PM
- April 27,28,29,30,31 **Time:** 3 PM - 7 PM



Where: Rio Grande Pool 2312 Arenal SW
Cost: \$35.00 for mandatory book !
Contacts: 681-2604 314-0418 314-0169

Lifeguard Training: Covers equipment-based rescues, spinal injury management, and post-rescue care as well as valuable first aid and professional rescuer level CPR training.

- Must be at least 15 years of age by the last day of your course and pass an aquatic pretest consisting of a 300-yard swim and retrieval of a 10 pound brick from bottom of pool.



Show the world what you are made of.

