

**AUGUST 25-  
SEPT. 18**

# WELCOME PARKYS PALS!



## Monday

School Tour! **25**  
Name Tags  
The Kissing Hand

## Tuesday

Our Classroom rules **26**  
How to use school supplies  
Pet rock (Bring in a rock)

## Wednesday

Scissors skills **27**  
Working with glue  
Pet Rock

## Thursday

Home made **28**  
Silly putty  
Ice cream social

Bring in a rock/sign up for ice cream party

**Shapes**

No **1**  
School  
Labor Day

Shape **2**  
Clown

Shapes **3**  
Mobil

Helicopter activity **4**  
Candy shapes

Bring in bag of candy

**Colors & Numbers**

Number **8**  
Caterpillar Color game

Number sticker book **9**  
1-10  
Giant Bubble wands

Making **10**  
Rainbows

Working with **11**  
colors Cooking project: Decorate Cupcake!

Sign up to bring cupcakes

**Dinosaurs week**

Coffee Ground **15**  
"Fossils"

Dorothy the **16**  
Dinosaur

MAKE A **17**  
HATCHABLE DINOSAUR EGG

Fieldtrip to natural history museum **18**

2nd Payment Due

**Daily Schedule**  
Sign Ins / Playtime-10:00-10:30  
Circle Time-10:30-10:40  
1st Rotation-10:40-11:20  
2nd Rotation-11:20-12:10  
Snack time & Sign outs  
12:10-12:30

**Westside  
COMMUNITY CENTER**  
1250 Isleta Blvd. 314-0176

**Parky's Fitness Guide**  
Unit: Healthy Choices  
Goals: To enable children to learn appropriate exercises to help strengthen muscle groups, gain endurance, and develop life long fitness practice and healthy food choices and portions.  
Highlights stretching, running, Jumping, pulse checking, push ups. (Health choices) learning The difference between health food choices and bad food choices .Also to identify proper food portions.

**Monthly fitness theme:  
Healthy Choices**