



**DWI Planning Council
Meeting Minutes
October 8th, 2015
12:30 PM
MATS Facility
5901 Zuni Street SE**

Voting Members:

Billy Baldwin
Sam Howarth
Sylvia Sarate
Keith Hartnett
Thomas Scharmen
Linda Son Stone
Rose Sena
Michelle Peacock

Guests:

Ruben Garcia
Phil Baca
Frank Magourilos
William Campbell
Aisha Smith

Non - Voting Members:

Fran Martinez-Romero
Gregg Sanchez
Elena Rodriguez

1. CALL TO ORDER

The meeting was called to order at 12:30 pm by Chair Baldwin. Chair Baldwin quickly introduced and welcomed new member Michelle Peacock. All in attendance briefly introduced themselves to Michelle.

2. APPROVAL OF AGENDA

Motion to approve agenda offered by Sarate, seconded by Scharmen and approved.

3. APPROVAL OF MINUTES

- **September, 2015**-Motion to approve offered by Sarate, seconded by Scharmen and approved.

4. NEW BUSINESS

a. Introduction of MADD Executive Director Aisha Smith

Aisha introduced herself---stated that she started with MADD in May and that she manages operations statewide. Frank explained that the Council had discussions in prior months regarding problems with MADD's prior administration and we have been working diligently with Aisha to correct some of those issues. From what I see, Aisha and her

staff have exceeded their scope of work. Please feel free to ask her any questions if you'd like, he stated. No questions were offered.

b. Presentation: Right Turns RCT Project Update, William Campbell

William Campbell proceeded to update the Council on Right Turns, a Randomized Clinical Trial that they've been conducting for a year. We presented this to you over a year ago and I just want to update you, he stated. Right Turns is a web application. Computer interventions are coming more to the forefront and even though some may not think so, they have their advantages. It's nice to reach within the population, especially amongst non-treatment seekers. It is also confidential and people can approach them in their own way and they get the same treatment. Our primary focus is not necessarily those with addiction issues, but those that are engaging in hazardous behavior. I know you are all concerned with prevention but this isn't a prevention thing—it is actually a treatment for people with DWI's. We are trying to reduce the recidivism rate. Even though the offenders go through DWI school, we are trying to enhance their experiences if they have access to a web application that has a different emphasis. What we are trying to do with Right Turns is combine two protocols that have been developed prior to this. One is called Drinker's Checkup and the other is Overcoming Addictions. What we did was tailor these interventions specifically for the DWI population, we address depression, we added an assessment that predicts the likelihood of recidivism, and then we remind people that there is a legal mandate for them to stay clean for a year. This module assesses their alcohol dependence, alcohol related problems, risk factors and then compare those to norms. After the assessment, you get feedback that tells you where you are relative to other people. Once that is done, the final module then relates possible changes the individual may want to make. It's basically a cost benefit analysis: what would it be like to change my drinking habits, how could I replace drinking, etc. The toolbox we created contains intervention based on Smart Recovery, a cognitive behavioral intervention that's been put together as an alternative to the 12 step model. It emphasizes in letting people know that they are in control of their alcohol use. The content is personalized and will give the individual feedback and history of use over time. This makes people aware of their habits and usage, which in turn causes many users to reduce their drinking. The checklist should be done every 3-6 months, he stated. We are currently working on a phone app for this service as well. Baldwin asked how secure client information was and if it was available to businesses, for example. William stated it was very secure and no, it is not yet available for anyone other than those referred to them. After further brief discussion, the Council thanked William for his presentation.

5. Old Business

a. Attendance and Quorums

Reports were distributed regarding attendance.

b. Next meeting

Next meeting will be held November 12th, 2015.

6. Public Comment

No public comments offered.

7. Adjournment

Meeting adjourned at 1:35 p.m.



SUBMITTED BY:


Elena Rodriguez

12/10/15
Date

APPROVED BY:


Billy Baldwin, Chair

12/10/15
Date