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Letter from the Director

As the Bernalillo County Behavioral Health Initiative’s (BHI) third year draws to a close, I am proud to report a continued record of successes including thousands of lives transformed by the services provided through these ground-breaking efforts. When voters approved additional funding for a comprehensive behavioral health system in our region, county leaders and elected officials recognized the importance of delivering an enhanced system representing meaningful change to improve the quality of life for its most vulnerable residents. We have delivered on that promise by setting substantive goals, which remain our driving motivation today, including establishing a comprehensive crisis network, providing high quality coordinated care, implementing evidence-based best practices for the provision of services and engaging the community in identifying solutions.

In 2018, we advanced our progress toward those goals through a number of substantive projects which increased treatment capacity within the county, raised awareness about mental health and substance abuse issues, and provided critical support to individuals and families in need. We kicked off the year by announcing the country’s first ever Community Engagement Teams, to provide assessment and referrals to willing participants who have a behavioral health condition. The teams comprised of clinicians, peers and case management professionals, aid individuals in crisis in the comfort of their own homes, as they cope with the effects of mental illness. In May, in coordination with key partners, we announced the Youth Transitional Living Services program, to better serve at-risk youth to prevent homelessness. Wrap-around services provided through the program include independent living resources, housing placement, vocational training, employment assistance, educational advancement tools, mental health and substance abuse treatment, financial empowerment, life skills, and service coordination.

Providing recently released inmates tools to reintegrate back into society was another key step identified in improving community outcomes, and as a result BHI established the Resource Re-entry Center. The center provides former offenders resources to navigate the transition from jail to society by offering access to the services and support they may need to stabilize, stay healthy, regain self-sufficiency, and break the cycle of recidivism. As part of a collaboration with UNM Hospital, the center connects people to temporary shelter, housing, food, medication management, employment resources, and drug rehabilitation services. In a similar fashion, we have forged relationships with Serenity Mesa Recovery Center to assist young people struggling with addiction. This partnership has resulted in an expansion of services, building their capacity to now serve females. In recent months, funding has also been committed to four new peer support drop-in centers. An innovative approach, the drop-in centers facilitated by New Day and Albuquerque Center for Hope and Recovery offer peer-to-peer recovery services for those struggling with addiction, including treatment, education, and support for families through certified peer advocates and recovery coaches.

These are just a handful of the many efforts BHI has initiated in 2018 to better serve our community. Mahatma Gandhi once said, “The true measure of any society can be found in how it treats its most vulnerable members.” In Bernalillo County, this is the guiding principle that drives our commitment to ensure a system in which no one falls through the cracks. We thank our commissioners, our service providers and the dedicated partners and concerned community members who help us constantly endeavor to achieve this goal.

Best regards,

Katrina Hotrum-Lopez, Director
Bernalillo County Behavioral Health
About Us

Our Mission: To improve behavioral health outcomes and reduce the incidence of driving while intoxicated in Bernalillo County through innovative, cohesive and measurable programs; treatment services and supports aimed at preventing the incidence of crisis and substance use disorder. The three divisions of the Department of Behavioral Health Services are: Behavioral Health, Substance Abuse, and Driving While Intoxicated.

Structure
In October 2017, Bernalillo County Commission approved merging the former Addiction Treatment Services and Behavioral Health Departments into the Department of Behavioral Health Services (DBHS). The department sits under the office of the County Manager. The new structure provides opportunity to leverage resources, maximize services, increase efficiencies, secure integrated services, and create opportunities to leverage funding sources that were held in separate departments.

The combined department has three different funding streams, including: over $17 million dollars of tax revenue each year managed through the Behavior Health Initiative (BHI); ongoing resources for DWI and substance abuse prevention initiatives; and direct treatment services for substance abuse and housing.
In 2014, 69-percent of voters agreed to pay higher taxes to increase behavioral health services. Four years later, Bernalillo County receives a National Association of Counties award. Bernalillo County’s Behavioral

2017-18 Trends and Highlights

- The county-led Behavioral Health Initiative (BHI) entered its second year. The BHI is a collaboration that is creating a network of support for those in the community who have a behavioral health condition.

- Together, with four community-based and community-led subcommittees; strong partnerships with the University of New Mexico Hospitals, the City of Albuquerque, the State of New Mexico; and strong relationships with our community-based service providers, 10 county GRT funded BHI programs are in process since 2016.

- Bernalillo County was chosen to participate in the national Data Driven Justice and Behavioral Health Design Institute.

- In October 2017, two departments were combined, the former Addiction Treatment Services and Behavioral Health Departments, to form the Department of Behavioral Health Services (DBHS). The new department leverages resources and maximizes resources that previously were held in the two separate departments.

- Bernalillo County participates as a panelist to speak about the BHI at the December 2017 National Cities Thrive event in New York City.

- An estimated 500 individuals participated in the 3rd Annual Mental Health Awareness Day on Civic Plaza.

- To reverse recidivism trends and improve health outcomes, Transition Planning at the county jail was initiated and a Re-Entry Resource Center opened in May 2018.
Substance Abuse Services

PUBLIC INIBRIATE INTERVENTION PROGRAM (PIIP)

**Population Served:** 18 years of age or older and be in need of detoxification from alcohol or dual substances  
**Setting:** Metropolitan Assessment and Treatment Services (MATS)  
**Hours, Days, and Frequency of Service:** Services are delivered 24 hours a day, 7 days a week  
**Payer Sources:** State of New Mexico Department of Finance and Administration (Liquor Excise Taxes through the State of New Mexico Department of Taxation and Revenue) and a Private Grant from the University of New Mexico Health Services Center  
**Fees for Service:** There are no fees for service  
**Referral Sources:** Clients are referred from the PIIP program and community sources  
**Services Provided:** provides a brief respite as well as resources and service connections

DETOXIFICATION FROM ALCOHOL & SUBSTANCE ABUSE

**Population Served:** Bernalillo County resident in need of detoxification from alcohol or dual substances  
**Setting:** Metropolitan Assessment and Treatment Services (MATS)  
**Hours, Days, and Frequency of Service:** Services are delivered 24 hours a day, 7 days a week  
**Payer Sources:** State of New Mexico Department of Finance and Administration (Liquor Excise Taxes through the State of New Mexico Department of Taxation and Revenue)  
**Fees for Service:** There are no fees for service  
**Referral Sources:** Clients will be referred from the PIIP program and community sources  
**Services Provided:** Crises stabilization, counseling, and referrals
SUPPORTIVE AFTERCARE COMMUNITY (SAC) PROGRAM

Population Served: Applicants must be referred, 18 years of age, and free from drug and alcohol for 30 days

Setting: Metropolitan Assessment and Treatment Services (MATS)

Hours, Days, and Frequency of Service: The average length of stay generally runs 30 days to 120 days and is based on the client’s specific needs

Payer Sources: State of New Mexico Behavioral Health Services Division through Falling Colors (Non-Medicaid Reimbursement Services)

Fees for Service: There are no fees for service but they must pay rent and initial deposit

Referral Sources: Clients are referred from the Detox program and community sources

Services Provided: Structured living environment that emphasizes daily living skills and long-term management of recovery, Community Reinforcement Approach (CRA)

ADDITION TREATMENT PROGRAM (ATP)

Population Served: Metropolitan Detention Center (MDC) inmates who have been identified as having addiction treatment needs while they are incarcerated at MDC

Setting: Metropolitan Detention Center (MDC)

Hours, Days, and Frequency of Service: Classes are two hours a day, five days a week, for four weeks

Payer Sources: State of New Mexico Department of Finance and Administration (Liquor Excise Taxes through the State of New Mexico Department of Taxation and Revenue)

Fees for Service: There are no fees for service

Referral Sources: Clients will be referred from the MDC intake process and the detox program

Services Provided: Classes for two hours a day, five days a week. The ATP program is an American Society of Addiction Medicine (ASAM) Level III.3, clinically managed jail-based program. ATP uses evidence-based therapy and Community Reinforcement Approach (CRA) curricula in conjunction with relapse prevention planning, psycho-educational programming and living skills groups
Substance Abuse Services

ASSESSMENT CENTER

**Population Served:** Individuals referred by the Metropolitan Detention Center Community Custody Program who require Substance Abuse Treatment Services.

**Hours, Days, and Frequency of Service:** Monday – Friday 7:30am – 4pm

**Payer Sources:** State of New Mexico Department of Finance and Administration (Liquor Excise Taxes through the State of New Mexico Department of Taxation and Revenue)

**Fees for Service:** There are no fees for service

MARIPOSA RESIDENTIAL PROGRAM

**Population Served:** Female, 18 years of age who are diagnosed with drug / alcohol dependence and must be pregnant and have no other children that will reside with them during their residence at the MATS Campus.

**Hours, Days, and Frequency of Service:** Services are delivered 24 hours a day, 7 days a week

**Payer Sources:** Private grant from the University of New Mexico Health Services Center

**Fees for Service:** There are no fees for service

**Referral Sources:** University of New Mexico Health Services Center
RENEE’S PROJECT SUPPORTIVE HOUSING PROGRAM

**Population Served:** Individuals and families experiencing homelessness  
**Setting:** Scattered site housing in the community  
**Hours, Days, and Frequency of Service:** Monday-Friday 8am-5pm; closed weekends and holidays  
**Payer Sources:** US Department of Housing and Urban Development through the Supportive Housing Program.  
**Fees for Service:** There are no fees for service  
**Referral Sources:** Coalition to end Homelessness, Pre-trail services  
**Services Provided:** Provides supportive housing assistance and case management services
Behavioral Health Services

COMMUNITY CONNECTIONS SUPPORTIVE HOUSING

**Population Served:** Adults ages 18 and older who are high utilizers, systems involved or exiting jail and their immediate families  
**Setting:** Scattered site housing in the community  
**Hours, Days, and Frequency of Service:** N/A  
**Payer Sources:** Behavioral Health Initiative Tax (one-eighth percent gross receipts tax increase)  
**Fees for Service:** There are no fees for service  
**Referral Sources:** County, MDC, Healthcare systems, UNM, Albuquerque Healthcare for the Homeless and Crossroads for Women  
**Service Provided:** Case management and housing

REDUCTION OF ADVERSE CHILDHOOD EXPERIENCES (ACEs)

**Population Served:** Children and youth ages 0-18 and their families  
**Setting:** Community based providers  
**Hours, Days, and Frequency of Service:** By agency, business hours  
**Payer Sources:** Behavioral Health Initiative Tax (one-eighth percent gross receipts tax increase)  
**Fees for Service:** There are no fees for service  
**Referral Sources:** Self, community providers, schools, BH providers, law enforcement  
**Services Provided:** Therapy, case management, life skills, school and legal advocacy, parenting, youth and community groups
MOBILE CRISIS TEAMS

**Population Served:** Bernalillo County residents in BH crisis- needing a Priority 1-911 response

**Setting:** Mobile Law Enforcement Model

**Hours, Days, and Frequency of Service:** Current pilot time frame is 7 days a week- modified swing shift

**Payer Sources:** Behavioral Health Initiative Tax (one-eighth percent gross receipts tax increase).- and COA

**Fees for Service:** There are no fees for service

**Referral Sources:** City and county emergency communications

**Services Provided:** Crisis response

YOUTH TRANSITIONAL LIVING (YTL)

**Population Served:** At-risk and systems involved youth ages 16-24

**Setting:** Community based providers

**Hours, Days, and Frequency of Service:** By agency, business hours and shelters 24 hours

**Payer Sources:** Behavioral Health Initiative Tax (one-eighth percent gross receipts tax increase).

**Fees for Service:** There are no fees for service

**Referral Sources:** Self, community providers, schools, BH providers, law enforcement, CYFD

**Services Provided:** Therapy, case management, high fidelity wrap around, substance abuse treatment, shelter.
Behavioral Health Services

COMMUNITY ENGAGEMENT TEAMS

Population Served: Adults ages 18 or older and their families
Setting: office, home and community
Hours, Days, and Frequency of Service: Business hours and 24 hour phone line
Payer Sources: Behavioral Health Initiative Tax (one-eighth percent gross receipts tax increase).
Fees for Service: There are no fees for service
Referral Sources: NMCAL, hospitals, MCT, BCSO, APD, family members and others
Services Provided: Limited time intervention, solutions focused counseling, peer support and case management
TRANSITION PLANNING AND RESOURCE RE-ENTRY CENTER

**Population Served:**
Individuals releasing from MDC

**Setting:** Community

**Hours, Days, and Frequency of Service:** 24/7 operations

**Payer Sources:**
Behavioral Health Initiative Tax (one-eighth percent gross receipts tax increase)

**Fees for Service:** There are no fees for service

**Referral Sources:** MDC releasing

**Services Provided:** Cell phone charging station, landlines to make calls, snacks like sandwiches, crackers and cheese, a warm cup of coffee or cold cup of water, computers with internet access, hygiene packets, community Health Workers – linkage to community resources and services
DWI Services

**DWI ENFORCEMENT**

**Population Served:** Bernalillo County residents and visitors  

**Setting:** Within Bernalillo County as determined by local law enforcement agencies  

**Hours, Days, and Frequency of Service:** Determined by the events occurring in Bernalillo County and on data where areas show the most need  

**Payer Sources:** State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)  

**Fees for Service:** There are no fees for service  

**Referral Sources:** None  

**Services Provided:** DWI Enforcement services to reduce the incidence of DWI, DWI related crashes and fatalities

**PROTECTING YOU Protecting Me (PYPM)**

**Population Served:** Elementary School Youth  

**Setting:** APS Elementary School  

**Hours, Days, and Frequency of Service:** Classes, 8 lessons, 400 students  

**Payer Sources:** State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)  

**Fees for Service:** There are no fees for service  

**Referral Sources:** None  

**Services Provided:** Educational lecture to prevent underage drinking and develop positive life skills
SAFE TEEN PROGRAMS

Population Served: High School Youth  
Setting: APS and Private School assemblies, TV documentary, All NM PTA’s, NMAA, Social Media, and all NM School Districts  
Hours, Days, and Frequency of Service: 9,000 students, Several APS  
Payer Sources: State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)  
Fees for Service: There are no fees for service  
Referral Sources: None  
Services Provided: Educational lecture to prevent underage drinking

ALL STARS

Population Served: Middle School Youth  
Setting: APS Middle School  
Hours, Days, and Frequency of Service: 7 schools, 10 lessons, 515 students  
Payer Sources: State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)  
Fees for Service: There are no fees for service  
Referral Sources: None  
Services Provided: Educational lecture to prevent underage drinking and develop positive life skills
DWI Services

BC-CUMULUS RADIO- UBER SAFE RIDE PROGRAM

Population Served: Bernalillo County Adults  
Setting: Bernalillo County Metropolitan Area  
Hours, Days, and Frequency of Service: Holidays, such as Memorial Day, 4th of July, New Year’s Eve  
Payer Sources: State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)  
Fees for Service: There are no fees for service  
Referral Sources: Self calling  
Services Provided: Uber safe ride home

ENVISION YOUR FUTURE (EYF)

Population Served: 10-14 year olds  
Setting: APS Middle Schools and Bernalillo County Community Centers  
Hours, Days, and Frequency of Service: Year round as requested  
Payer Sources: State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)  
Fees for Service: There are no fees for services  
Referral Sources: None  
Services Provided: Educational lecture to prevent underage drinking and develop positive life skills.
ALCOHOL LITERACY CHALLENGE™ (ALC)

**Population Served:** UNM incoming freshmen  
**Setting:** University of New Mexico  
**Hours, Days, and Frequency of Service:** 8 presentations per fiscal year  
**Payer Sources:** State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)  
**Fees for Service:** There are no fees for service  
**Referral Sources:** University of New Mexico  
**Services Provided:** Educational presentation to prevent underage drinking.

BE ABOVE THE INFLUENCE SOCIAL HEALTH MARKETING CAMPAIGN

**Population Served:** Underage youth, teachers, coaches, counselors, law enforcement, parents, adults, older youth, and community.  
**Setting:** APS Schools, Catholic Schools, Private Schools, Community Centers, Libraries, YMCA, Boys & Girls Clubs, ABQ International Sunport, Churches, Museums, Businesses, City-County Departments, Movie Theaters, Radio stations, Public Buses, Lobo Football, Lobo Basketball, KOAT TV-7.  
**Hours, Days, and Frequency of Service:** Yearly-ongoing  
**Payer Sources:** State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)  
**Fees for Service:** There are no fees for service  
**Referral Sources:** N/A  
**Services Provided:** posters, banners, Johnny Boards, billboards, and promotional material
DWI Services

YOUTH SERVICES CENTER

Population Served: Youth who have been arrested and screened for DWI or Minor in Possession (MIP)

Setting: Bernalillo County Youth Services Center (Classroom setting)

Hours, Days, and Frequency of Service: Monday – Friday 8am – 7pm

Payer Sources: Partially funded by the State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)

Fees for Service: There are no fees for service

Referral Sources: Bernalillo County Youth Services Center and Bernalillo County 2nd Judicial District Children Court

Services Provided: Alternative Sentencing through psychoeducational groups and activities
COMMUNITY CUSTODY PROGRAM

Population Served: Inmates from the Bernalillo County Metropolitan Detention Center who meet program requirements

Setting: Home / residence incarceration

Hours, Days, and Frequency of Service: 24 / 7

Payer Sources: Partially funded by the State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)

Fees for Service: Fees determined by the Bernalillo County Community Custody Program

Referral Sources: Judicial Systems in Bernalillo County

Services Provided: Alternative Sentencing through reintegration, electronic monitoring, random drug testing, random home visits and weekly meeting requirements

NEW MEXICO SOLUTIONS TREATMENT

Population Served: Adults seeking treatment for substance abuse disorder and who have a DWI in their history

Setting: Clinical

Hours, Days, and Frequency of Service: Monday – Friday; 8am – 5pm

Payer Sources: Partially funded by the State of New Mexico Department of Finance and Administration Local Government Division (Liquor Excise Taxes)

Fees for Service: There are no fees for service

Referral Sources: Bernalillo County Assessment Center

Services Provided: Intensive Outpatient Treatment Services, Outpatient Treatment Services, Case Management Services, Individual and Family Treatment