

2019

Sense of Place and Season Series



Bachechi Open Space
9521 Rio Grande Blvd. NW



Sunday Sunset Nature Meditation

Sunday, Aug. 18 ■ 6:45 p.m.

Sunday, Sept. 15 ■ 6 p.m.

Presenter: Marnie Rehn, Outdoors Educator and Mindfulness Meditation Teacher

Come enjoy this guided nature meditation that includes a short nature walk from the Bachechi Open Space Environmental Education Building to a prime sitting location for sunset. Learn to connect with nature on a deeper level and further develop your own inner stillness through mindfulness meditation in the outdoors. Bring layers appropriate for the weather and either a blanket or a camp chair to sit on.

Plant Walk & Grape Harvest

Sunday, Aug. 25 ■ 9 a.m. - 1 p.m.

Plant Walk

9 - 11 a.m.

Presenter: Dara Saville, Albuquerque Herbalism and the Yerba Mansa Project

Take an easy stroll around the gardens and grounds of Bachechi Open Space and learn about native medicinal plants of our area that are most useful for our health and well-being. Discussion topics will include harvesting, herbal actions, preparations, cultivation, and plant ecology. The walk will be approximately 1.5 hours and if you would like, please bring note-taking materials.

Grape Harvest

11 a.m. - 1 p.m.

Presenters: Bernalillo County Open Space and Master Naturalist Volunteers

Join us to celebrate the Grape Harvest. Help pick grapes fresh from the vines at Bachechi to make and then sample homemade grape juice.


Rolling River Interactive Watershed Model

Sunday, Oct. 13 ■ 2 - 4 p.m.

Presenters: Master Naturalist and Bachechi Volunteers
Learn about the changes that take place in our local watershed with this interactive model of the Rio Grande valley. The Rolling River is a working model of a watershed that allows rivers to actually flow, wetlands to appear, and lakes to rise and fall in response to simulated flood and drought cycles.

To register for these events or for additional information, visit www.bernco.gov/openspace or call (505) 314-0398.



BERNALILLO COUNTY 

WE'RE MORE THAN YOU THINK